

Dear Members,

South Australia has been doing so well it appears as though we do not have any active cases of COVID-19 however, we must still remain vigilant regarding our hygiene practices. We are still receiving overseas arrivals and some people are coming from interstate, we all need to be careful as people can be carriers of the disease and not show any symptoms until it is too late. This disease as we know can spread so quickly.

Can I ask that you continue to remind your community members of the following strict COVID SAFE RULES

- Keep 1.5 meters away from people, particularly in public spaces
- Use hand sanitizer when out and wash your hands regularly
- Cover coughs and sneezes
- If not feeling well to see your family doctor
- Do not share any crockery or cutlery with others.

South Australia has done so well, thank you for your efforts in supporting your communities to better understand the health information.

Should you need any additional information please do not hesitate to contact us we will be happy to help you connect to the appropriate sources.

Stay safe and keep well.

Warm regards.

Helena Kyriazopoulos
CEO
Multicultural Communities Council of SA