

OFFICIAL



4 August 2021

Please help us by sharing this information with your community.

Activities direction update

The following restrictions will come into effect from 12.01am tonight (5 August 2021):

- 1 person per 2 square metres for defined public activities.
- 1 person per 4 square metres for gyms and indoor fitness (indoor fitness facilities includes gyms, health clubs, fitness centres, yoga, barre and spin facilities, dance and Pilates studios and swimming pools).
- Sport (including school and community sport) can return to competition – restrictions on spectators.

The below restrictions will remain in place:

- Household gatherings limited to 10 people.
- Private activities limited to 10 people.
- Seated consumption of food and beverage (outdoors and indoors).
- Communal food and beverages are not permitted.
- No singing indoors, unless it is a performance, an education establishment or a private lesson.
- Dancing is not permitted unless by the bridal party at a wedding or at a fitness dance studio where alcohol is not served.
- Masks required in shared indoor public spaces, passenger transport services, health care services, high risk settings, and personal care services. Exceptions apply. Visit www.sahealth.sa.gov.au/COVIDmasks to learn more.



More information, including the new Direction and frequently asked questions, will be available soon at www.covid-19.sa.gov.au.

COVID-19 vaccine update

The Pfizer COVID-19 vaccine is the preferred vaccine for people 16 to 59 years, however, the AstraZeneca COVID-19 vaccine can be provided to people 18 to 59 years if they talk with their doctor.

To get vaccinated with the AstraZeneca COVID-19 vaccine, people will need to make an informed decision by speaking with their doctor. Some conditions may mean it is not suitable and it is important that this is discussed with a healthcare provider.

The Australian Technical Advisory group on Immunisation (ATAGI) has advised the AstraZeneca COVID-19 vaccine remains safe to be administered to people aged 60 years and over.

AstraZeneca remains highly effective at preventing death and severe illness among people who have contracted COVID-19.

To find a participating GP clinic or Respiratory Clinic and make a booking to discuss vaccination, visit covid-vaccine.healthdirect.gov.au/eligibility.

Border restrictions update

Information on interstate testing and quarantine requirements is available at www.sahealth.sa.gov.au/COVIDinterstate.

SA Health has identified the below exposure locations associated with positive cases of COVID-19 interstate. Please visit our webpage to view relevant information and the health advice that must be followed if you enter South Australia from any of these locations:

- [New South Wales](#)
- [Australian Capital Territory](#)
- [Victoria](#)
- [Queensland](#)

More information on the [Cross Border Travel - Associated Direction](#) is available at www.covid-19.sa.gov.au.

REMINDER: COVID-19 vaccine translated resources

As a reminder, the Commonwealth Government Department of Health website is a great source of translated information about COVID-19 (available in over 60 languages).

On their website you can find translated [Common questions about COVID-19 vaccines](#) and [other information, including fact sheets, videos and social media graphic](#).

More information: www.health.gov.au/covid19-vaccines-languages

SA Health is your trusted source for information on COVID-19. For more information visit our and follow us on [Facebook](#) or [Twitter](#).

www.covidvaccine.sa.gov.au



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